

The --- Community Roots

The Oaks at Boca Raton

Jan| Feb| Mar



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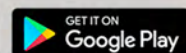
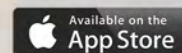
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HOURS OF OPERATION

Mon.-Thurs.: 6am - 9pm
Fri. & Sat.: 6am - 7pm
Sun.: 8am - 5pm



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P: 561-757-3822
E: oakroom@oaksclub.net

HOURS OF OPERATION

Tues.-Sat.: 12pm - 8pm
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Mon.: CLOSED

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Matthew H. Maschler - Real Estate Broker



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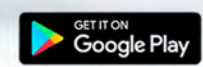
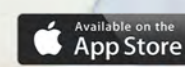
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NOTE FROM:

MANAGEMENT

We would like to thank the Residents, Board and Staff for the continued teamwork during these unprecedented times. As always, we started the year off strong and full of optimism. It's important to note that it has been a challenging year full of obstacles and opportunities. This pandemic has brought us closer together as a community.

2020 was the year where The Oaks was tested as a community and we came out on top! Not only did we come together and adapt to the changes, we overcame them! Was it easy? Absolutely not, but it allowed us to see that we are part of a community that puts our differences aside and comes together as one. Throughout the year, the obstacles were assessed by our Board, Legal Counsel and Management Team. The necessary procedures were put in place so that we could still continue operating. We used every resource to make it work. We thank all of you for the understanding and support because certain decisions were not easy to make.

Unfortunately, there was no manual on how to handle a pandemic as we saw it on the state, national and even global level. Some of these changes however, opened doors to new opportunities. 2020 reinforced the need for a greater digital infrastructure. We introduced virtual classes, offered instructional videos (Tennis, Fitness, and Spa), outdoor spa services, our staff performed small projects around the clubhouse (during the shutdown periods), we enhanced our administrative operations, began offering curbside pickup and delivery options at the restaurant, and even offered a grocery program for essential items. We maximized the use of digital tools to collaborate which essentially, helped in exploring different ways to better serve and communicate with our community.

Going forward we will continue to explore different ways to innovate and add to our digital infrastructure. We can assure that with your continued support and understanding during these times, there is absolutely nothing we can't handle. We will start 2021 full of optimism as the challenges ahead for The Oaks means opportunity. Stay healthy, safe and Happy New Year!

We are very grateful to all our corporate sponsors for contributing to our newsletter and welcome anyone interested in sponsoring our upcoming newsletter. Please contact our Marketing Director, Clifford Coleman at marketing@oaksclub.net.

It is a pleasure to serve this wonderful community and we look forward to our continued collaboration.

Healthy Regards,

The Oaks at Boca Raton Management Team

BOARD PRESIDENT

Happy and healthy 2021! What a whirlwind of a year 2020 has been! I cannot emphasize how proud I am of our amazing neighborhood and how we managed to overcome all of the challenges that the pandemic presented to us as a community. I am confident that 2021 will be an amazing year for The Oaks. Although things may look a bit differently than they have in the past, the Board and Management are hoping to plan safe and socially distant events in the coming months. Please stay tuned and always check your emails for updates.

In the meantime, please come visit our fully functioning Spa which has been upgraded with individual clean air filters in the treatment rooms, and is thoroughly cleaned before and after each treatment. Also, don't forget that the gym is open for limited use with reservations, with personal training being available by reservation as well. The gym is being thoroughly sprayed down with electrostatic cleaners after each reservation time slot. REME Halo air filtration systems have been installed throughout the clubhouse as well for extra protection. Tennis has been going strong with socially distant directives in place, hand sanitizer available in convenient locations and extra cleaning procedures before and after court time. Be sure to go on The Oaks App and book some time at any one of our wonderful facilities.

Finally, come visit The Oak Room for a cocktail and a delicious meal. The restaurant is open 6 days with plenty of outdoor seating and limited socially distanced indoor seating.

I look forward to seeing everyone out and about in our beautiful community!

Best,

Stacy Bernstein

Stacy Bernstein
POA President
board@oaksclub.net





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SAFETY IN TENNIS

2020 was a year full of challenges, but we used it as an opportunity to showcase just how beneficial and safe the sport of tennis can be. We are taking that momentum and charging through this new year. Our sport is conducive to social distancing! Tennis is a non-contact sport played mostly outdoors where the participants are on opposing sides of the court which covers an area of 7,200 square feet! There's never been a better time to start playing and there's never been a safer sport than tennis.

Welcome to 2021. We are encouraged by what this year will bring by the amount of activity and support we have received from the community. Our junior and adult programs are bursting at the seams with interest and participants. Our ball machine is being used at a record rate and social play continues to be even more popular.

As active as we are around the tennis courts its important to know that health and safety have remained our #1 priority. Because of this its critical that we communicate our policies with you.

- All tennis participants must wear a mask to and from the tennis courts.
- Baskets with hand sanitizer, disinfectant and paper towels will be located under each court canopy and will be used after each lesson and clinic.
- The drink station is open; however, you must supply your own bottle. Cups, straws and lids are not available.
- The Pro shop is open and a mask must be worn when inside. However, you do not need to check-in, you may just walk through the open gate right to the courts
- The cabana bathroom is open but the lockers and showers are not in use.
- Social distancing is required when possible.
- Users assume all risks while utilizing the tennis facility.

We have so much to offer all tennis players at The Oaks at Boca Raton. Please make 2021 the year you make tennis a bigger part of your life. We will provide you all the necessary skills and information you need to make your tennis journey a wonderful experience.

See you on the courts!

Sincerely,

Patrick Sheahan – Director of Tennis/Operations
Kyle LaCroix - Assistant Director of Tennis



YOU MIGHT BE A TENNIS PLAYER IF...

We wanted to have some fun in this quarter's newsletter so we asked our very own tennis professionals what is a sure sign of a tennis player. Comedian Jeff Foxworthy gets more than a few laughs with his ongoing "you know you are a redneck if..." routine. Along those lines, here are a few thoughts for you and your junior player:

- ... You carry your own racquet bag. If Mom is carrying your bag, you are not a tennis player.
- ... In your bag you have a jump rope that you use repeatedly with strenuous routines.
- ... You have more than one pair of tennis shoes.
- ... You, yes, you make weekly phone calls to organize varied hitting sessions, lessons and match play.
- ... You actually watch tennis on TV and can have a conversation that is deeper than the "small talk" of most commentators.
- ... You go to the net for reasons other than picking up balls and shaking hands.



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Meika Ashby



THE OAKS AT BOCA RATON APP

Your tennis needs at the touch of a button
Download The Oaks app on your smartphone to sign up for club events, tennis lessons, clinics and other amenities we offer.

All tennis, fitness and spa services and club event sign-ups are easily accessible.

How to get it?

The Oaks is on the app store

1. Open the app store on your phone
2. Search and download "The Oaks at Boca Raton"
3. Create your account under the "Log In" tab.
4. Book your appointment.

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FITNESS



A NOTE FROM THE FITNESS DIRECTOR

I would like to thank all Oaks residents and staff for their continued support through such a challenging year. We are very excited for 2021, be on the lookout for new live group fitness and virtual fitness options. Fitness is a very important component to staying healthy and maintaining a strong immune system. We hope that you come join us as we keep The Oaks healthy and fit!

The Oaks at Boca Raton fitness center strives to be the cleanest gym in Boca! To do so, we continually utilize electrostatic sprayers and antimicrobial solutions to fog the entire gym multiple times throughout the day. In addition, we've invested in the REME Halo air purifying system that actively purifies every cubic inch of air throughout the entire fitness center. This not only kills 99% of airborne bacteria and viruses, it also helps protect all surface and equipment.

Please remember that properly wearing your masks over your nose and mouth while exercising creates another layer of defense to help protect you and your neighbors! I am very aware that nobody likes wearing masks, however, it is very important that we take every measure possible so that we can continue to provide the safest environment possible.

See you in 2021!

In Health & Wellness,

PJ DeLuca
Director of Fitness

THE POWER OF FROZEN BLUEBERRIES

– A PARADIGM SHIFT IN HEALTHY EATING.

Those that know me, know that I can be pretty strict with food and that I am always in search of the truth when it comes to health and fitness. They also know that I love to eat frozen blueberries right out of the bag! While everyone is obsessed with “fresh” produce and farmers markets, the reality is most of what you are buying, organic or domestic, is nutritionally inferior and exposed to harmful elements.

Why buy frozen? Take a look around, do you see and fields of blueberries around South Florida? The blueberries you are buying “fresh” at the store are actually anything but fresh. They have traveled quite a long way to get there on a plane, train, or on the back of a truck. They are exposed to a lot of elements; arguably more harmful than the pesticides they may have been exposed to during the growing process.

Whether they were grown organically or not, they are anything but organic when they make it to your plate. The blueberries you're paying \$6 a pint for were picked early before they had the chance to fully ripen on the vine so they can make the long journey to the store, which means each day they spend traveling, sitting on a grocery store shelf or in your refrigerator; they become less and less nutritious.

Even though frozen blueberries lose some of their nutritious value during the freezing process, they are fully ripened on the vine and are packed so that they are protected from exposure harmful elements during shipping. As long as the blueberries stay frozen, they will stay as nutritious as the day they were picked and flash frozen.

The fresh vs frozen comparison holds true for a lot of fruits and vegetables, unless they are grown organically right here in South Florida or your back yard, it is better to choose something frozen instead of not really fresh. And you'll end up saving quite a bit of money in the process!

- PJ DeLuca



FITNESS CENTER REMINDERS

The health and wellbeing of The Oaks residents and staff are of the utmost importance to us.

- Gym capacity has been reduced to 10, ensuring proper social distancing and safety protocols can be followed
- Reservations are required to gain access to the fitness center
- Reservations can be made on The Oaks App in the “Fitness Classes” tab
- Reservations are for 60 minutes, 1 reservation allowed per individual per day
- Talking on cell phones inside the fitness center is prohibited.
- Please use headphones when listening to music.
- Please wear proper exercise attire.
- Please wipe down and put away equipment after use.
- Oaks Fitness Center may provide personal training and services. Outside personal trainers, service providers and swim instructors are prohibited to ensure your safety.

SPA

GREETINGS FROM THE OAKS SPA

I hope everyone enjoyed the Holiday season and is ready for the New Year. 2020 was a strenuous year that brought uncertainty, controversy, and opportunity. In light of the new normal, we all have had to adapt, innovate, and be creative. Notably, we at The Oaks Spa have customized our existing services to fit within the CDC guidelines. Such as, offering outdoor bookings in a climate-controlled environment. Wearing the proper protective equipment while performing services. Not to mention, our enhanced cleaning procedures that ensure sanitization. The future is bright at The Spa and we have some new and modified services to look forward to.



Peaceful Regards,

Coleen Chamberlain Mahoney
Director of Spa



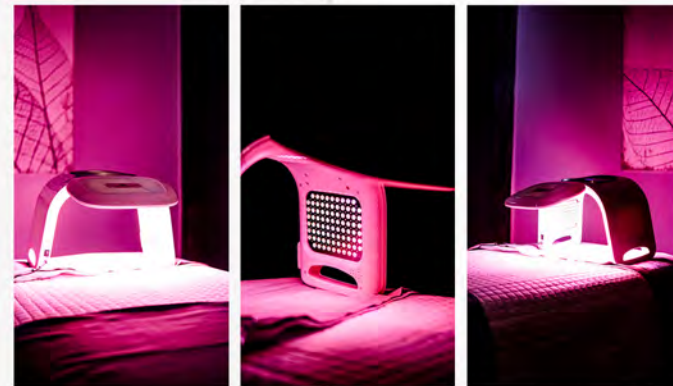
Outdoor Massage

Residents can now request booking their massage appointments outside. The Oaks Spa has taken one of the cabanas by the pool and transformed it into your own private service room. All of our massage treatments are available and this comes at a service fee of \$10.



Lipo Laser

Obtain your New Year's resolution with help from the Spa. Lipo laser is a non-invasive treatment that shrinks fat cells up to 50%. You'll lose the Holiday weight in no-time.



LED Facial

Glow into the new year with our LED Facial. Residents can reduce redness and inflammation in their skin. As well as promote healing in their skin.

Outdoor Massages

Relax in the open air and book your next massage poolside!

MASSAGE TREATMENTS

- Swedish
- Deep Tissue
- Sports Massage
- Athletic Maintenance
- Total Body Stretching
- Medical Massage
- Foot Reflexology
- Neck & Headache Relief
- Cranio-Sacral
- Chair Massage

Please contact Coleen Mahoney, Spa Director for more information: spadirector@oaksclub.net or 561-482-3230

the spa
THE OAKS AT BOCA RATON

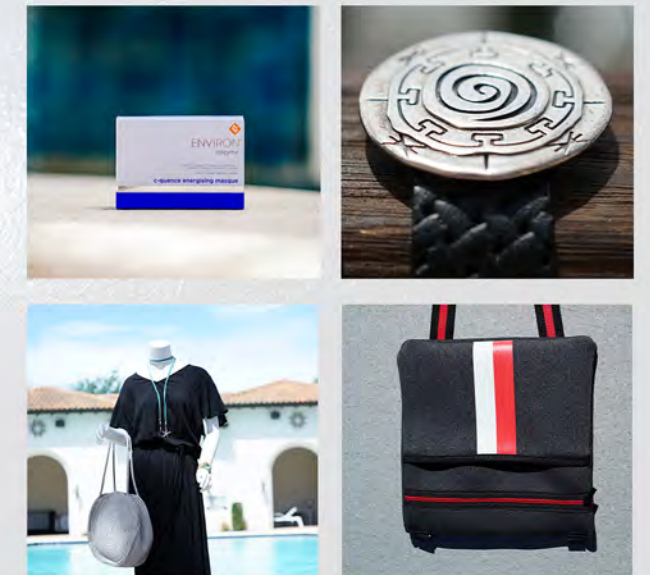
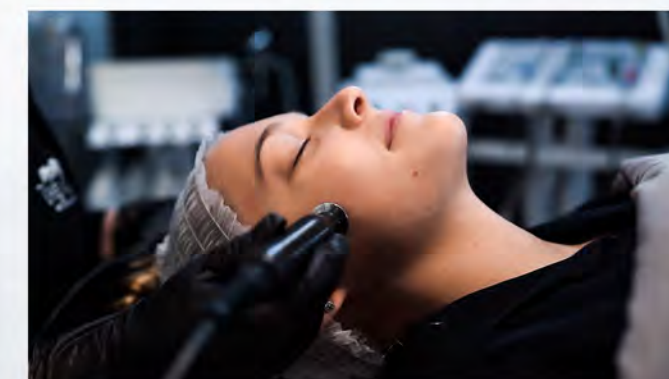
ABOUT THE SPA



The Spa at The Oaks at Boca Raton provides you with renewal, rejuvenation, and relaxation in your own backyard. Our therapists and specialists are experts in customizing your treatments, therapies, and services. Crafting them specifically to your needs for the ultimate results.

OUR SERVICES INCLUDE:

- Massage
- Medical Massage
- Craniosacral Massage
- Skin Care Treatments
- Hydro-Derm Oxygen Infusion Facial Treatment
- Collagen Induction Therapy
- Waxing
- Body Treatments
- Acupuncture
- Lipo-Laser
- Radio Frequency Body and Facial Treatments



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Spa Specials

We are offering 20 % off your first visit back at The Spa.

DINING



STAFF SPOTLIGHT

Gabriel Esteva - Sous Chef

Gabriel Esteva has worked in fine dining restaurants his whole career, most recently at Trulucks. Growing up in a Cuban household his father and mother always pushed him to do better and to put his all in everything he does! He toils over his cooking and aspires to be the best in everything he involves himself in and will not back down from a challenge. As he says "There is no roof to what can be achieved through innovation and some salt and pepper!"

What is your favorite dish?

My favorite dish goes back to my childhood, my mom used to make the best beef stew with beef and potatoes in a tomato sauce served on steamed rice, so simple but delicious!

What do you enjoy doing in your spare time?

I enjoy hitting the books to test out new recipes! On days not working I like to hit the gym and listen to some classics.

What have you enjoyed about working at The Oaks?

Being in The Oaks has been amazing, I love the community, the residents I've met have been so nice and I love the input they provide.



FROM THE CHEF'S DESK

A new year has arrived, and we are still putting out great food and service here at The Oak Room! As we slowly regain some normalcy in 2021, some things are here to stay for the residents: Curbside and Delivery, as well as our weekly Provisions list. Our rotating menu is always available on the app and on-line, but remember to like our Facebook page to see our weekly specials as well!

Don't forget we are also available for all your in-house catering needs, whether it's just a couple platters for a big night or a full-service meal, please do not hesitate to reach out with any and all requests.

[Check Us Out On Facebook!](#) @Theoakroomboca

Thank you!

Joshua Bartram
Executive Chef
The Oak Room
chef@oaksclub.net



FROM THE GENERAL MANAGER

2020 is behind us and I would like to thank each and every resident of The Oaks. Because of you we all made it through a very difficult year with a new and improved recipe for success for 2021. Our delivery option was developed and has become a favorite for many of you, so keep ordering and we will keep delivering. We will also keep up our stringent sanitation practices so you can feel safe dining either on the patio or inside as we will always put your safety ahead of sales. Our rotating weekly menus, along with our weekend specials have become very popular so be on the lookout for your favorites so you don't miss out

Our catering department is ready and waiting for the all clear so we can resume hosting your private events at the clubhouse, until then we can always cater any event that you would like at your home, so feel free to contact me for any and all upcoming events.

From all of us at your Oak Room, thank you again and we all hope that you and your family's stay safe in the new year. See you soon.

All the best,

John North
General Manager
The Oak Room
oakroom@oaksclub.net



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JANUARY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Book Club 7 PM	5 Ladies Lunch 12 PM	6	7	8	9
10	11	12	13	14 Board Meeting 5:30 PM	15 New Year Happy Hour Resident Party 4 - 7 PM	16
17	18	19	20	21	22	23
24	25	26 ACC Committee 5 PM	27 Compliance Committee 5 PM	28	29	30
31						

KEY

TENNIS
EVENTS

SPA
FITNESS

OAK ROOM
CLUBS

LEADERSHIP

COMMUNITY
CALENDAR

All Listed Dates & Times Are Subject To Change Due To COVID-19
Please lookout for future updates via email & Facebook ([The Oaks at Boca Raton](#))



FEBRUARY

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Book Club 7 PM	2 Ladies Lunch 12 PM	3	4	5	6
7	8	9	10	11 Board Meeting 5:30 PM	12	13
14	15	16	17	18	19	20
21	22	23 ACC Committee 5 PM	24 Compliance Committee 5 PM	25	26	27
28						

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KEY

- TENNIS
EVENTS
- SPA
FITNESS
- OAK ROOM
CLUBS
- LEADERSHIP

COMMUNITY
CALENDAR

MARCH

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Book Club 7 PM	2 Ladies Lunch 12 PM	3	4	5	6
7	8	9	10	11 Board Meeting 5:30 PM	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30 ACC Committee 5 PM	31 Compliance Committee 5 PM			

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THE OAKS
at Boca Raton

