

# The Community Roots

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The Oaks at Boca Raton

Oct| Nov| Dec



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## CONNECT WITH US

### CLUBHOUSE

9950 Bridgebrook Dr  
Boca Raton, FL 33496  
P: 561-482-3230  
F: 561-482-3280  
E: [frontdesk@oaksclub.net](mailto:frontdesk@oaksclub.net)  
W: [www.theoaksatbocaraton.net](http://www.theoaksatbocaraton.net)

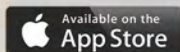
### HOURS OF OPERATION

Mon.-Thurs.: 6am - 9pm  
Fri. & Sat.: 6am - 7pm  
Sun.: 8am - 5pm



Download The Oaks at  
Boca Raton App!

Find us in the  
App Store & Google Play



P: 561-757-3822  
E: [oakroom@oaksclub.net](mailto:oakroom@oaksclub.net)

### HOURS OF OPERATION

Tues.-Thurs.: 12pm - 8pm  
Fri. - Sat.: 12pm - 10pm  
Sun.: 12pm - 5pm  
Mon.: CLOSED

SCAN TO FOLLOW US ON FACEBOOK!





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Sexual Wellness for Her & Him  
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Program for Her and Him  
Hormone Replacement Therapy  
Peptide Therapies  
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**And More**

### **ADDRESS:**

2900 N. Military Trail Suite 110  
Boca Raton, FL 33431

### **PHONE:**

561-781-8888

### **LEARN MORE AT**

<https://nationalwellnessgroup.com/>



**HAPPY FALL TO ALL!!**  
WELCOMING ALL OUR NEW OAKS RESIDENTS AND FRIENDS!

Legal Pad LTOPS

**DEMAND AND PRICES IN THE OAKS HAVE NEVER BEEN HIGHER -**

As most of you are aware, the demand and pricing in The Oaks is currently at a record high with supply at a low. If you have any thoughts about selling and capitalizing on this incredible market, please don't hesitate to contact us for a private consultation. We are currently looking for available homes on behalf of multiple qualified buyers!



**KIND WORDS FROM ONE OF OUR HAPPY OAKS CLIENTS:**

"What can we say that hasn't been said already? Brian and Lisa promised us the moon and delivered the moon, sun, and the stars and then some! They didn't just get us record pricing in this crazy market, but they did EVERYTHING for us from start to finish. We are forever grateful and have become forever friends. They are unlike any other realtors out there and if you want the very best, then you need them, Nobody knows The Oaks and delivers like them, and they found us our new chapter as well!" "THANK YOU, HINDIN-BAHN TEAM!" -

**FOLLOW US ON INSTAGRAM @HINDIN-BAHN TEAM**

**Lisa G. Hindin | Brian Bahn**

*Hindin-Bahn*  
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**Hindin-Bahn Team**

"Your #1 Oaks Resident Estate Team Proud to be selling the most homes and representing the most buyers and sellers in this extraordinary community".

**Lisa G. Hindin**

direct: 561-843-1146

Lisa@lisahindin.com \* www.lisahindin.com

**Brian Bahn**

direct: 561-213-4227

bocabeachside@gmail.com

9828 Clint Moore Road \* Suite C124 \* Boca Raton, Florida 33496

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# A YEAR TO REMEMBER

**F**irst and foremost, THANK YOU!

2021 gave us a year for the books. Never in our 17-year history have we had a better season in terms of activity on the courts.

- Largest attendance ever for our Junior Program
- Highest participation for both men's and ladies' clinics
- Most clinics ever offered
- Biggest increase in new players (new & existing residents who have taken up tennis)
- Significant usage of our ball machine
- Record amount of Pickleball court usage and new pickleball programming.
- More racquets strung and re-gripped this year than previous three years combined (2018-2020)



To say it was a community effort is an understatement. The support and loyalty we have received has been greatly appreciated. The increase in business won't diminish the high quality of instruction and the consistent service you have come to expect to make us Boca Raton's premier go-to tennis destination.

Our Fall season has ramped up even more with the return of the Ladies' Team tennis season. If you are a new homeowner and interested in playing in our clinics or teams, please contact our Director of Operations Patrick Sheahan at 561-482-9828. If your juniors are interested in learning and loving the sport of tennis, look no further. Our junior program is bursting at the seams with class offerings using the Red, Orange, Green, and Yellow Ball pathway (ROGY). Please contact our Director of Junior Development Meika Ashby at 561-482-9828.

We also have added a new face to our staff. Solomon Korringa, a recent graduate of Ferris State University's acclaimed Professional Tennis Management program will be instrumental in all facets of our tennis operations including the development of our Pickleball program. Please stop by our tennis shop to welcome him to The Oaks and ask him about Pickleball!

See you on the courts!



Sincerely,

**Patrick Sheahan – Director of Tennis/Operations**  
**Kyle LaCroix - Assistant Director of Tennis**



# PICKLEBALL

## WITH SOLOMON

### SATURDAYS

#### OPEN PLAY

9:30 AM - 11:00 AM  
Intermediate - Advanced Players  
FREE

#### BEGINNER CLINIC

8:30 AM - 9:30 AM  
11:00 AM - 12:00 PM  
\$20 For Residents

**SIGN UP ON THE APP**

**CONTACT**  
SOLOMON KORRINGA





## The 18th Annual Wellness Day Fundraiser!

Join us as we come back together as a community to support Touch A Heart Foundation and spend the day relaxing, refreshing, shopping, and lunching.



**Monday, January 24, 2022**

9:30 am - 2:00 pm

Registration Begins at 9:00 am

The Oaks at Boca Raton  
9950 Bridgebrook Drive

IN ORDER TO BE TOGETHER WHILE KEEPING SOME DISTANCE, NEW THIS YEAR WE WILL BE HAVING MOTIVATIONAL AND EDUCATIONAL SPEAKERS, AND A PSYCHIC GALLERY. SPA SERVICES WILL STILL BE AVAILABLE FOR SIGN UP AT THE EVENT.

*Your \$125 donation includes lunch, a tennis clinic or mini spa service (sign up at the event), complimentary fitness classes, and speakers. And as always, our Touch A Heart boutique will include lots of shopping. Plus a silent auction, awesome raffle prizes, and a special giveaway for all our guests.*

To volunteer, sponsorship opportunities or questions,  
email [JKaufman@TouchAHeartFoundation.org](mailto:JKaufman@TouchAHeartFoundation.org)

### PRESENTING SPONSOR:

The Hindin-Bahn Team



Stacy & Jonathan  
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**The White Family**  
Andrew & Marcia



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**CONTACT:**

**CRAIG | 954-562-5000**  
**CERTIFIEDPERFORMANCE1968@GMAIL.COM**



# SPA

## GREETINGS FROM THE SPA

I hope everyone enjoyed their summer and are settling into fall and back to school and work schedules. I wanted to remind everyone of the many health benefits of acupuncture as we transition into our holiday season this year.

Acupuncture is effective in helping to treat:

- Reduced stress
- Reduced back pain, neck tension and relieve joint pain in the hands and arms
- Relief from headaches/migraines
- Improved Immune System
- Relief from digestive conditions
- Allergy relief
- Anxiety
- Depression
- Weight loss and many more

As you can see, this is a very effective treatment to help us deal with the elevated levels of stress that we have all been under and a good way to assist your body and mind in being healthy and healing. We have an amazing acupuncturist on staff that is featured below along with many skilled massage therapists to help you achieve your wellness goals. We look forward to seeing you soon.

Peaceful Regards,

Coleen Chamberlain Mahoney  
Director of Spa



## PROFESSIONAL SPOTLIGHT:

*CLAUDIA MARIN, A.P.*

**Where are you from originally?**

New York.

**How did you become involved in the Acupuncture profession?**

After majoring in Pre-med in college, I discovered the benefits of Acupuncture while dealing with my own medical condition. The effectiveness of Acupuncture changed my perspective from Western to Eastern medicine and I decided to peruse my passion for Acupuncture.

**What is your favorite aspect of being in the wellness industry?**

Helping patients feel better physically and emotionally is my favorite part of being an Acupuncturist.

**What do you enjoy doing in your spare time?**

Outside of work, I enjoy spending time with family and friends, traveling and playing the piano.



## ABOUT THE SPA

The Spa at The Oaks at Boca Raton provides you with renewal, rejuvenation, and relaxation in your own backyard. Our therapists and specialists are experts in customizing your treatments, therapies, and services. Crafting them specifically to your needs for your ultimate results.



# OUR SERVICES INCLUDE:

- |                      |   |                   |  |
|----------------------|---|-------------------|--|
| Massage Treatments   | Skin Care Treatments                        | Microdermabrasion | Lipo-Laser                                 |
| Medical Massage      | Hydro-Derm Oxygen Infusion Facial Treatment | Waxing            | Radio Frequency Body and Facial Treatments |
| Athletic Maintenance | Collagen Induction Therapy                  | Body Treatments   | Teeth Whitening                            |
| Craniosacral Therapy | Chemical Peels                              | Acupuncture       |  |

## WE OFFER THE FOLLOWING PRODUCTS

- Environ Skin Care
- Tizo Sunscreen
- Shashi Pilates Socks
- FOREO Facial Cleansing Devices
- LuLu Lemon Apparel

## MONTHLY SPA SPECIALS & EVENTS:

### October:

- Environ DF Youth Renewal Treatment Demo
- Head, Neck and Shoulder Relief Demo
- 10% off Environ Chemical Peel

### December:

- Craniosacral Therapy Demo
- 10% off Medical Massage

### November:

- Medical Massage Demo
- 10% off Environ DF Youth Renewal Treatments
- 10% off Head, Neck and Shoulder Relief (added on to any regular massage)

## CANCELLATIONS

\* Cancellations made 5 hours or less before an appointment will be subject to a cancellation charge equal to the service provider's payout. Please cancel by email to [spadirector@oaksclub.net](mailto:spadirector@oaksclub.net), by text to 954-652-8838 or calling the club directly at 561.482.3230. Thank you.

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a sense of  
WELL-BEING  
with*

# MEDICAL MASSAGE MONDAYS

*with Treisa Heights*

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- Alleviates Target Pain
- Improves Posture

**AND MORE**

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BOOK TODAY!**

**PRICE  
55 MINUTES  
\$80**

Please contact Colleen Mahoney, Spa Director for more information: [spadirector@oaksclub.net](mailto:spadirector@oaksclub.net) or 561-482-3230

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# DINING



## FROM THE CHEF'S DESK

As the sun sets on 2021, it is important to remember how far we have come as a community and as a restaurant. We have gone from closed up and quarantined, to practically business as usual! Some things will stay though, like our weekly provisions list, as well as bulk wine and liquor purchases. We are also able to book parties and events throughout the clubhouse, as well as events at your home, so please do not hesitate to contact us for all your catering needs. October will also see our new menu roll out, as well as an expansion of our weekly specials to include more vegetarian options! I thank you for your continued support for the rest of 2021 and into the new year!

Contact me at [chef@oaksclub.net](mailto:chef@oaksclub.net) for any questions you have whether events or dietary related.

Please be sure to [Check Us Out On Facebook!](#) @Theoakroomboca, where you can see our daily specials and events!

Thank you!

**Joshua Bartram**  
Executive Chef  
The Oak Room  
[chef@oaksclub.net](mailto:chef@oaksclub.net)



## FROM THE GENERAL MANAGER

As 2021 draws to a close, I would like to thank everyone that has come out to support The Oak Room. We are working hard behind the scenes to develop special events so we can make sure there are fun social activities for everyone's enjoyment. We strive every day to make your Oak Room the place that you are proud to bring family and friends to for a great time. Please reach out to me at [oakroom@oaksclub.net](mailto:oakroom@oaksclub.net) if you would like to plan an event, either at the club or your home, Josh and myself will do our best to make sure it's perfect from start to finish. As always from my team and myself THANK YOU for your support.

From your team at The Oak Room, thank you and we hope that you and your family stay healthy and safe.

All the best,

**John North**  
General Manager  
The Oak Room  
[oakroom@oaksclub.net](mailto:oakroom@oaksclub.net)



# OCTOBER

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 First Friday Cocktail Hour 6PM - 8PM	2 Pickleball 8:30AM - 12PM Pilates Reformer 9:30AM 10:45AM
3	4 Cards & Games 12-4PM / 6-8PM  Junior Tennis 4PM-6:30PM	5 Jumpboard & Reformer 9:15 & 10:30AM Junior Tennis 6PM-7:30PM Book Club 7 PM	6 Wine Down Wednesday Cards & Games 12-4PM Junior Tennis 4PM-6:30PM	7 Pilates Reformer 9:30 & 11AM Spa Demo 11AM-2PM Junior Tennis 6PM-7:30PM	8 Jumpboard 10:30AM Cards & Games 12-4PM	9 Brunch 9AM - 3PM Pickleball 8:30AM - 12PM Pilates Reformer 9:30AM 10:45AM
10	11 Cards & Games 12-4PM / 6-8PM  Junior Tennis 4PM-6:30PM	12 New All Day & Feature Jumpboard & Reformer 9:15 & 10:30AM Junior Tennis 6PM-7:30PM	13 Wine Down Wednesday Cards & Games 12-4PM / 6-8PM Junior Tennis 4PM-6:30PM	14 Pilates Reformer 9:30 & 11AM  Junior Tennis 6PM-7:30PM	15 Jumpboard 10:30AM Cards & Games 12-4PM	16 Pickleball 8:30AM - 12PM Pilates Reformer 9:30AM 10:45AM
17	18 Cards & Games 12-4PM / 6-8PM  Junior Tennis 4PM-6:30PM	19 Jumpboard & Reformer 9:15 & 10:30AM Ladies Lunch 1:30PM Junior Tennis 6PM-7:30PM	20 Wine Down Wednesday Junior Tennis 4PM-6:30PM Sip & Paint 7PM-9PM	21 Pilates Reformer 9:30 & 11AM Spa Demo 11AM-2PM Junior Tennis 6PM-7:30PM	22 Jumpboard 10:30AM Cards & Games 12-4PM Friday Lunch Club 12:15PM	23 Pickleball 8:30AM - 12PM Pilates Reformer 9:30AM 10:45AM
24	25 Cards & Games 12-4PM / 6-8PM  Junior Tennis 4PM-6:30PM	26 Junior Tennis 6PM-7:30PM ACC Committee 5 PM	27 Wine Down Wednesday Junior Tennis 4PM-6:30PM Compliance Committee 5 PM	28  Board Meeting 5:30PM Junior Tennis 6PM-7:30PM	29 Jumpboard 10:30AM Cards & Games 12-4PM	30 Pickleball 8:30AM-12PM Pilates Reformer 9:30 & 10:45AM Halloween 5:30PM-8:30PM
31						

\*All Listed Dates & Times Are Subject To Change Due To COVID-19

\*Please look out for future updates via email & Facebook ([The Oaks at Boca Raton](#))

## KEY

TENNIS  
EVENTS

SPA  
FITNESS

OAK ROOM  
CLUBS

LEADERSHIP

COMMUNITY  
CALENDAR





# NOVEMBER

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> Cards & Games 12-4PM / 6-8PM  Junior Tennis 4PM-6:30PM	<b>2</b> Jumpboard & Reformer 9:15 & 10:30AM  Junior Tennis 6PM-7:30PM  Book Club 7 PM	<b>3</b> Wine Down Wednesday  Cards & Games 12-4PM  Junior Tennis 4PM-6:30PM	<b>4</b> Pilates Reformer 9:30 & 11AM  Junior Tennis 6PM-7:30PM	<b>5</b> Jumpboard 10:30AM  First Friday Cocktail Hour 6PM - 8PM	<b>6</b> Brunch 9AM - 3PM Pickleball 8:30AM - 12PM Pilates Reformer 9:30AM 10:45AM
7	<b>8</b> Cards & Games 12-4PM / 6-8PM  Junior Tennis 4PM-6:30PM	<b>9</b> Jumpboard & Reformer 9:15 & 10:30AM  Junior Tennis 6PM-7:30PM	<b>10</b> Wine Down Wednesday  Cards & Games 12-4PM  Junior Tennis 4PM-6:30PM	<b>11</b> Pilates Reformer 9:30 & 11AM Spa Demo 11AM-2PM Junior Tennis 6PM-7:30PM	<b>12</b> Jumpboard 10:30AM  Cards & Games 12-4PM	<b>13</b> Pickleball 8:30AM - 12PM Jump Into The Holidays 9:30AM  Pilates Reformer 9:30AM 10:45AM
14	<b>15</b> Cards & Games 12-4PM / 6-8PM  Junior Tennis 4PM-6:30PM	<b>16</b> Jumpboard & Reformer 9:15 & 10:30AM Ladies Lunch 1:30PM Junior Tennis 6PM-7:30PM	<b>17</b> Wine Down Wednesday  Cards & Games 12-4PM / 6-8PM  Junior Tennis 4PM-6:30PM	<b>18</b> Pilates Reformer 9:30 & 11AM  Junior Tennis 6PM-7:30PM	<b>19</b> Jumpboard 10:30AM  Cards & Games 12-4PM Friday Lunch Club 12:15PM	<b>20</b> Pickleball 8:30AM - 12PM Pilates Reformer 9:30AM 10:45AM
21	<b>22</b> Cards & Games 12-4PM / 6-8PM	<b>23</b> Jumpboard & Reformer 9:15 & 10:30AM  ACC Committee 5 PM	<b>24</b> Wine Down Wednesday  Compliance Committee 5 PM	<b>25</b> <b>CLUBHOUSE            CLOSED</b>	<b>26</b> Jumpboard 10:30AM  Cards & Games 12-4PM	<b>27</b> Pickleball 8:30AM - 12PM Pilates Reformer 9:30AM 10:45AM
28	<b>29</b> Cards & Games 12-4PM / 6-8PM	<b>30</b> Jumpboard & Reformer 9:15 & 10:30AM				

\*All Listed Dates & Times Are Subject To Change Due To COVID-19

\*Please look out for future updates via email & Facebook ([The Oaks at Boca Raton](#))

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# DECEMBER

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Jumpboard & Reformer 9:15 & 10:30AM  Book Club 7 PM	1 Wine Down Wednesday Cards & Games 12-4PM	2 Pilates Reformer 9:30 & 11AM	3 Jumpboard 10:30AM  First Friday Cocktail Hour 6PM - 8PM	4 Brunch 9AM - 3PM Pickleball 8:30AM - 12PM Pilates Reformer 9:30AM 10:45AM
5	6 Cards & Games 12-4PM / 6-8PM	7 Jumpboard & Reformer 9:15 & 10:30AM	8 Wine Down Wednesday Cards & Games 12-4PM Annual Budget & Election 5 PM	9 Pilates Reformer 9:30 & 11AM  Spa Demo 11AM-2PM	10 Jumpboard 10:30AM Cards & Games 12-4PM	11 Pickleball 8:30AM - 12PM Jump Into The Holidays 9:30AM Pilates Reformer 9:30AM 10:45AM
12	13 Cards & Games 12-4PM / 6-8PM	14 Jumpboard & Reformer 9:15 & 10:30AM Ladies Lunch 1:30PM	15 Wine Down Wednesday Cards & Games 12-4PM / 6-8PM	16 Pilates Reformer 9:30 & 11AM	17 Jumpboard 10:30AM Cards & Games 12-4PM Friday Lunch Club 12:15PM	18 Pickleball 8:30AM - 12PM Pilates Reformer 9:30AM 10:45AM
19	20 Cards & Games 12-4PM / 6-8PM	21 Jumpboard & Reformer 9:15 & 10:30AM	22 Wine Down Wednesday	23 Pilates Reformer 9:30 & 11AM	24 Jumpboard 10:30AM Cards & Games 12-4PM	25 <b>CLUBHOUSE CLOSED</b>
26	27 Cards & Games 12-4PM / 6-8PM	28 Jumpboard & Reformer 9:15 & 10:30AM  ACC Committee 5 PM	29 Wine Down Wednesday  Compliance Committee 5 PM	30 Pilates Reformer 9:30 & 11AM	31 Jumpboard 10:30AM Cards & Games 12-4PM	

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