

# For the Table

#### FIRECRACKER SHRIMP

Battered petite gulf shrimp in a sweet & spicy sauce 13.25

#### **EGGPLANT MEATBALLS**

Roasted eggplants, San Marzano tomato, herb pesto, balsamic glaze 10.95

#### **CHICKEN WINGS**

Chili spiced crispy jumbo wings served your way... buffalo, BBQ, chili lime or naked 12.50

#### AVOCADO SALSA

Served with baked corn chips 8.95

# For One

#### \*CAESAR SALAD

Crisp romaine, anchovy dressing, Parmigiano-Reggiano and garlic croutons 7.50 entrée size 13.50

## HOUSE CHOPPED SALAD



Tomato, onion, cucumber, crumbled feta and romaine tossed in a Greek vinaigrette 7.50 | entrée size 13.50

#### Add to any salad:

grilled chicken breast 6.50 grilled salmon 9.95 | shrimp 8.95 Beyond Burger® 9.50

# Entrée Salads

## THE NORTH PALM BEACH @



Jumbo lump crab, shrimp salad, chopped romaine, avocado, roasted corn, sunflower kernels, vine ripe tomato and balsamic vinaigrette 19.95

## SAMMY'S SALAD of OCAKS



Lightly blackened chicken, greens, edamame, grape tomato, avocado, walnuts, red onion, olives, lemon citrus oil 16.95

## **TUNA STUFFED TOMATO**

Albacore tuna salad stuffed beefsteak tomato on a bed of mixed greens 14.95

# Kids Only

Includes choice of French fries, steamed broccoli, carrot sticks or fresh fruit

## CHICKEN FINGERS

Five all-natural hand breaded chicken breast strips 12.50

#### TWO CHEESEBURGER SLIDERS

Hand-pressed, American cheese, brioche bun 11.95

## GRILLED CHICKEN BREAST

All-natural breast, lightly seasoned 10.50

## FRIED SHRIMP

Lightly battered crispy petite shrimp 12.95

## MAC 'n CHEESE

House made cheese sauce with twisted noodles 9.50

## **GRILLED CHEESE**

American cheese, thick sliced bread 6.95

## Entrées

#### **70z FILET MIGNON**

Certified Angus Beef, simply seasoned and grilled. Served with asparagus and fingerling potatoes 32.95

## LEMON PEPPER ROASTED CHICKEN

All-natural semi-boneless breast and thigh, lemon pepper cream sauce, roasted potatoes and broccoli 23.50

#### SPAGHETTI POMODORO

San Marzano tomato, fresh basil, onion, garlic and grated Parmigiano-Reggiano 13.50

Add: meatballs 4.95 | sautéed jumbo shrimp 8.95 eggplant "meatballs" 6.50 chicken parmesan 6.50 Gluten free pasta or zucchini noodles on request

#### **GRILLED SESAME SALMON**

Served over garlic-soy zucchini noodles, broccoli, grape tomato and edamame 26.50

## PJ'S SIMPLY FIT BOWL OFFITNESS

Cauliflower rice, spring mix, olive oil and roasted vegetables 10.50 Add: grilled chicken 6.50 shrimp 8.95 grilled salmon 9.95

# Handhelds

Served with choice of one side item

Gluten free bun, gluten free wrap or lettuce wrap available upon request

## MAHI TACOS of



Lightly blackened, jalapeño slaw, fresh pico, citrus aioli, corn tortillas 14.50

## \*OAK ROOM CHEESEBURGER

Hand-pressed fresh Certified Angus Beef topped with melted Tillamook cheddar 13.95

Add: bacon 1.95 | sautéed onions 1.95 | surf 'n turf style 7.50

## CHICKEN AVOCADO WRAP

Grilled chopped chicken, avocado, roasted corn, chipotle mayonnaise and pico de gallo, rolled in a sundried tomato tortilla 14.50

## THE YARDBIRD BBQ

Chicken breast, Tillamook cheddar, applewood bacon, crispy onions and lettuce on a toasted bun 14.50

#### LOBSTER GRILLED CHEESE

New England lobster, Tillamook cheddar, toasted challah bread 19.50

## **TUNA SALAD**

Albacore tuna salad, celery, mayo, lettuce on heart white bread 13.95

#### **VEGGIE BURGER**

Plant based Beyond Burger®, lettuce and tomato on a challah bun 14.95

## SIDES - \$3.95ea.

BRUSSELS SPROUTS | FINGERLING POTATOES | ASPARAGUS | BROCCOLI | FRENCH FRIES | CAULIFLOWER RICE | ROASTED VEGETABLES | FRESH FRUIT | ZUCCHINI NOODLES SWEET POTATO FRIES | QUINOA SALAD



gf Indicates a gluten-free item



\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Prices and menu items are subject to change.



## **Appetizers**

## **GRILLED SHRIMP SKEWERS**

Jumbo grilled shrimp skewers with bloody-mary cocktail sauce 14.50

## **HUMMUS OF THE MOMENT**

Rotating Hummus Flavors with house baked pita chips 10.50

## Salad

## **BUFFALO CHICKEN SALAD**

Chicken tenders chopped and tossed in buffalo sauce served over romaine, grape tomatoes, cucumber, red onion, gorgonzola cheese with ranch dressing 16.95

## Handhelds

## **THE CUBANO**

Sliced Ham, pulled pork, pickles, swiss cheese, mustard spread on a pressed Cuban roll 16.95

## **SLOPPY JOE**

Ground beef simmered in a sweet and tangy sauce with melted American cheese on a toasted challah bun 13.95

## Entrée

## **BLACKENED MAHI**

Roasted brussel sprouts and parmesan polenta 26.50

## **BALSAMIC GLAZED LAMB CHOPS**

Roasted fingerling potatoes, green beans served with mint jelly MP

#### **CHICKEN JAMBALAYA**

Chicken breast, chicken sausage, okra, tomatoes over rice pilaf 18.95

## **MEDITERRANEAN PLATTER - VEGETARIAN**

Edamame falafel, hummus, quinoa salad, chopped salad and pita 18.95

## **Sides**

Parmesan Polenta 3.95 Green Beans 3.95

#### Desserts

## **CHEESECAKE**

Weekly Flavor: Berry Compote 7.50

## **BROWNIE SUNDAE**

Ghirardelli brownies, vanilla ice cream, whipped cream, chocolate sauce and cherries 9.50

## **BANANA BREAD**

Vanilla ice cream, whipped cream, and caramel sauce 8.50

**ICE CREAM AND SORBET 3.95** 

ASSORTED ALL NATURAL PALETERIA POPSICLES AND ICE CREAM BARS 4.95



## **Cocktails**

CHOCOLATE MARTINI I Van Gogh chocolate vodka, Baileys, Godiva chocolate liqueur 13.95

CUCUMBER COCKTAIL I Ketel One vodka, Cointreau, cucumber, mint, lime, soda water 11.50

COUNTRY THYME LEMONADE I Tito's vodka, fresh lemon juice, agave, muddled blueberries, thyme 11.95

OAK ROOM OLD FASHIONED I Makers Mark Bourbon, aromatic bitters, orange, amarena wild cherry 12.95

JALAPENO MARGARITA I Don Julio Silver tequila, lime, muddled jalapeno, soda water, sriracha rim 14.50

RED SANGRIA I Red wine, Grand Marnier, Peach Schnapps, fresh fruit 11.95

## Wines

Prosecco, Ruffino Brut, split, Italy Prosecco, Ruffino Rose, split, Italy Moet Chandon, spilt, France Prosecco, Syltbar, Friuli, Italy Champagne, Veuve Clicquot Yellow Label Brut, France  CHARDONNAY Kendall Jackson, Sonoma, California Simi Reserve, Sonoma, California 11.50 Simi Reserve, Sonoma, California 13.95 La Crema, Russian River Valley, California Stag's Leap Cellars, Karia Napa Valley, California 18.50 62.95
Moet Chandon, spilt, France 18.50 - Prosecco, Syltbar, Friuli, Italy - 48.50 Champagne, Veuve Clicquot Yellow Label Brut, France - 110.95  CHARDONNAY Kendall Jackson, Sonoma, California 11.50 35.95 Simi Reserve, Sonoma, California 13.95 42.95 La Crema, Russian River Valley, California 16.50 58.50
Prosecco, Syltbar, Friuli, Italy Champagne, Veuve Clicquot Yellow Label Brut, France  CHARDONNAY Kendall Jackson, Sonoma, California 11.50 Simi Reserve, Sonoma, California 13.95 La Crema, Russian River Valley, California 16.50
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Stag's Leap Cellars, Karia Napa Valley, California 18.50 62.95
CLASSIC WHITES
Sauvignon Blanc, Chateau St. Michelle, Columbia Valley, Washington 9.50 29.50
Sauvignon Blanc, Kim Crawford, New Zealand 11.95 38.95 Pinot Grigio, 152 By Noble Vines, Monterey, California 8.95 28.50
Pinot Grigio, Barone Fini, Alto Ridge, Italy 13.50 48.95
BLUSH Whispering Angel, Provence, France 14.95 48.95
La Crema, Pinot Nair Rose, Monterey, California 13.50 47.95
CABERNET SAUVIGNON
Josh Cellars Craftsman, California 10.50 32.95
Joel Gott, California 13.50 48.50
Black Stallion, Napa Valley, California 16.95 58.95
Stag's Leap Cellars, Napa Valley, California - 92.95
Caymus, Wagner, Napa Valley, California - 139.50
PINOT NOIR
Meiomi, Sonoma Coast, California 13.50 45.50
Flowers, Sonoma County, California - 72.95
INTERESTING RED
The Prisoner, Napa Valley, California - 82.95
Josh, Legacy Red Blend, California 11.50 38.95
Zinfandel, Edmeades Zin, Mendocino, California 12.95 43.50



# Rise and Shine - \$10

Banana, Hemp Seed, Cold Brew Coffee, Agave, Almond Milk

# **Green Goddess - \$10**

Kale, Spinach, Avocado, Hemp Seed, Agave, Coconut Water

## **Immune Booster - \$10**

Pineapple, Strawberry, Mango, Orange Juice

# **Active Recovery - \$10**

Banana, Pineapple, Peanut Butter, Protein, Coconut Water

Protein Add-in - \$2

Vanilla Whey Protein (24g Protein)
Naked Pea Protein (27g Protein)